

# Internal Medicine

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RESIDENCY PROGRAM AT  
**Orange Park  
Medical Center**

# Welcome to the Internal Medicine Residency Program at Orange Park Medical Center

The Internal Medicine Residency Program at Orange Park Medical Center is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

**Above all else, we are committed to the care and improvement of human life.**

ACGME ID: 1401100937

## Tracks & Positions

Tracks	NRMP #	Available Positions
Categorical	1771140C0	13

## Salary

PGY1	PGY2	PGY3
\$54,267	\$55,869	\$57,637

Thank you for your interest in the Orange Park Medical Center Internal Medicine Residency Program. Our Program launched in 2015, and received continued accreditation by the ACGME in 2017. We offer a three-year training residency with 39 positions. Our sponsoring institution is Mercer University School of Medicine in Savannah, GA.

Orange Park Medical Center is a full-service, acute care hospital located in the heart of Orange Park, providing medical care to the Clay County and surrounding communities. Orange Park is located near a myriad of sunny beaches and multiple area attractions. It enjoys the benefits of the Jacksonville, Florida metropolitan area with beaches, professional sports teams and theater, just to name a few.

Orange Park Medical Center provides residents with a state of the art 365-bed community teaching hospital and specialty facilities such as Stroke Program, Inpatient Rehabilitation Program, three Emergency Department locations and a Level 2 Trauma Center. During their training, the residents rotate in various settings including the Palms Medical Group, a Federally Qualified Health Care (FQHC), a not-for-profit that provides affordable primary care and preventative services while enhancing resident education and exposure to a broad spectrum of patients.

Our program is dedicated to train outstanding physicians in an academic and collegial environment that offers ample clinical and research opportunities. We strive to help our residents reach their maximum potential and achieve their long-term goals; including fellowship training at our institution or other recognized academic centers. Residents will apply their knowledge and interpersonal skills to provide outstanding and compassionate care treating disease as well as promoting health in the community. They are held to the highest standards of professionalism.

The faculty are dynamic, highly motivated and take pride in mentoring our residents to become excellent physicians who will positively impact our society in the future. They are committed to ensure that each trainee's educational needs are fulfilled while delivering high-quality, patient-centered, evidenced-based care.

The current advancing and graduating residents are active and invested in the program and the community we serve.



We are delighted that you are interested in the Orange Park Medical Center Residency Program. We hope you have an opportunity to visit us. Please feel free to contact us we can provide any assistance answering questions.

**Nilmarie Guzmán, MD, FACP**  
Program Director

## Our Faculty



**Nilmarie Guzman, MD, FACP**  
Program Director

Dr. Guzman is dual boarded in Internal Medicine and Infectious Diseases. She has extensive GME experience and joined our program in 2017 as faculty and was appointed PD in June 2021. Prior to coming to OPMC she was Associate Program Director for Internal Medicine and Infectious Diseases at University of Florida COM - Jacksonville where she received her fellowship training in Infectious Diseases. She currently holds an Associate Professor of Medicine appointment at Mercer University School of Medicine. She is also involved in Antimicrobial Stewardship Processes at OPMC and leads the accreditation Committee.



**Pegah Ghafourian, MD**  
Associate Program Director

Dr. Ghafourian is the Associate Program Director of Internal Medicine Residency. She completed her undergraduate education in Biomedical Engineering at Georgia Institute of Technology, medical degree at Mercer University School of Medicine and postgraduate training at Medical University of South Carolina and Memorial University Hospital in Georgia. She is interested in resident education and scholarly activity.



**Jessica El-Bahri, DO | Core Faculty**

Dr. El-Bahri is a board certified Internal Medicine physician and serves as teaching faculty on the inpatient Hospital Medicine service. She completed her medical education at Lake Erie College of Osteopathic Medicine in Bradenton, FL and trained at Largo Medical Center. She has a true passion for teaching and has GME experience at multiple Internal Medicine programs prior to joining us at OPMC. Dr. El-Bahri serves as the Chair for the Credentials Committee at OPMC and serves on the Quality and Medical Executive Committees.



**Robert Kulchinsky, MD | Core Faculty**

Dr. Kulchinsky is board certified in internal medicine with focused practice in Hospital Medicine. He is the most experienced teaching hospitalist at OPMC. Dr. Kulchinsky completed internal medicine training in 1989 at North Shore University Hospital in Manhasset, New York.



**Sneha Modi, MD | Core Faculty**

Dr. Modi is currently a core faculty member of the Internal Medicine and Transitional Year residency programs at Orange Park. She obtained her medical diploma at B.J. Medical College in Gujarat, India. She then completed her Internal Medicine residency at Staten Island University Hospital in New York. She has served as a teaching Hospitalist for the Internal Medicine residency program at Northwell Plainview Hospital, NY. Her special interests are teaching residents, Quality improvement and serving patients as a Primary Care Provider.



**Ismael Rodriguez, MD | Core Faculty**

Dr. Rodriguez has been an active faculty member since the program's inception in 2016. He serves as Medical Director for Hospital Medicine at Orange Park Medical Center. He completed his internal medicine training in 1998 in Emory in Atlanta, GA and has been practicing at OPMC for over 20 years. Internal Medicine Chair since 2019.

## Current Residents



**Eboselumen (Oselu)  
Aigbe, MD**  
PGY-1  
St. George's University



**Farhana Anwar, MD**  
PGY-1  
Allama Iqbal Medical College



**Rishu Batra, DO**  
PGY-1  
Philadelphia College of  
Osteopathic Medicine



**Emad Elmusa, DO**  
PGY-1  
Midwestern University Arizona  
College of Osteopathic Medicine



**Ethan Hiles, DO**  
PGY-1  
Edward Via College of Medicine  
– Virginia College



**Ahmad Muneeb, MD**  
PGY-1  
Punjab Medical College



**Benjamin Phan, DO**  
PGY-1  
Edward Via College  
of Medicine - Auburn



**Muhammad Waleed  
Raza, MD**  
PGY-1  
Punjab Medical College



**Maham Shahid, MD**  
PGY-1  
Fatima Jinnah Medical  
College for Women





**Wendy Timirau, MD**  
PGY-1  
St. George's University



**Vincent Lao Tir, DO**  
PGY-1  
Midwestern University Chicago  
College of Medicine



**Daniel Vather-Wu, MD**  
PGY-1  
University of Iowa Roy J and  
Lucille A Carver COM



**Hovra Zahoor, MD**  
PGY-1  
Sher-I-Kashmir Institute of  
Medical Science



**Hannan Asghar, MD**  
PGY-2  
Sahiwal Medical College



**Keysha Gonzalez-Ramos, MD**  
PGY-2  
Ponce School of Medicine



**Ameer Hamza, MD**  
PGY-2  
Aga Khan University  
Medical College



**Zainab Hanif, MD**  
PGY-2  
Shifa College of Medicine



**Omer Ismaeel, MD**  
PGY-2  
Ross University School  
of Medicine



**Zeshan Malik, MD**  
PGY-2  
Aga Khan University  
Medical College



**Emmanuel Morakinyo, MD**  
PGY-2  
St. George's University  
School of Medicine



**Jay Patel, MD**  
PGY-2  
Eastern Virginia Medical School

## Current Residents



**Pouyan Razminia, MD**  
PGY-2  
Iran University of  
Medical Sciences



**Esra Sari, MD**  
PGY-2  
Istanbul Universitesi,  
Cerrahpassa Tip Fakultesi



**Hao Zhang, MD**  
PGY-2  
St. George's University  
School of Medicine



**Ummair Aman, DO**  
PGY-3  
King Edward  
Medical University



**Yacob Habboush, MD**  
PGY-3  
Royal College of Ireland



**Radim Jacob, MD**  
PGY-3  
St. George's University  
School of Medicine



**Muhammad Jahngir, MD**  
PGY-3  
Punjab Medical College



**Muhammad Khalil, MD**  
PGY-3  
King Edward  
Medical University



**Mohammad (Haris)  
Khan, MD**  
PGY-3  
Aga Khan University  
Medical College





**Muhammad (Raffay)  
Khan, MD**  
PGY-3  
Quaid-e-Azam  
Medical College



**Young Chan Kwon, MD**  
PGY-3  
St. George's University  
School of Medicine



**Johanna Ruiz, MD**  
PGY-3  
St. George's University  
School of Medicine



**Pouria Shoureshi, MD**  
PGY-3  
Isfahan University  
of Medical Sciences



**Bryce Simes, DO**  
PGY-3  
Alabama College of  
Osteopathic Medicine



**Chaudhry Saad Sohail, MD**  
PGY-3  
Allama Iqbal  
Medical College

## About the Program

At Orange Park Medical Center, we are committed to providing you with an excellent and safe learning environment created by our knowledgeable and compassionate faculty. Our clinical curriculum and didactic schedules are designed to maximize your medical knowledge, while providing you hands on experience and autonomy. Resident scholarly activity and research is one of our focus areas. You may leverage data from more than 30 million patient encounters across our facility using our Enterprise Data Warehouse (EDW); and our faculty and research specialists will assist you with data analysis, presentations and publication. Our residents benefit from one to one faculty mentorship. Mentors review resident goals and objectives and provide them guidance while tracking progress. We engage our residents in community as well as facility based committees to help shape their leadership skills. Additionally our residents serve as mentors for medical students and give back by helping to educate the next generation of physicians

Throughout your residency here at Orange Park Medical Center, we offer:

- Personal attention individual resident goals
- Strong academic program and nationally recognized faculty in a friendly, new facility
- Hands-on learning combined with well-balanced supervision and autonomy
- Close working relationships with peers and faculty
- Focus on ABIM (Board) Exam preparation throughout the year, as well as your future endeavors in clinical practice
- Competitive salary in a wonderful, livable, low-cost, moderate-sized city brimming with cultural activities and minutes away from a broad range of outdoor activities in and around Jacksonville, Florida

## Curriculum

- Internal Medicine Continuity Practice
  - ½ day of continuity clinic each week with pre-assigned days + 1 month continuity rotation
  - Full spectrum of adult patients in office
  - Federally Qualified Health Center: full range of socioeconomic strata
- Didactics on all rotations Daily noon lecture series for all resident and Weekly ½ day of academic day
- Board Review: lectures, in-training exam each year & board review course for PGY3
- Research/Scholarly Activity/QI: 1 Research project or Scholarly activity & 1 QI Project

## Rotations

### PGY-1

- Adult inpatient service, 4 blocks
  - Cap of 10 patients (typically 8)
  - Teaching rounds, case presentations
- Continuity Clinic
- Electives, 4 blocks
- Night Float, 1 block
- ICU, 2 blocks
- Cardiology, 1 block

### PGY-2

- Adult inpatient service, 3 blocks
  - Cap of 20 patients to supervise
  - Teaching rounds, case presentations
- Continuity Clinic
- Electives, 5 blocks
- ICU, 1 block
- Night Float, 1 block
- Cardiology, 1 block

### PGY-3

- Adult inpatient service, 1-2 blocks
  - Cap of 20 patients to supervise
  - Morning Report, teaching rounds case presentations
- Continuity Clinic
- Electives, 7-8 blocks
- Night Float, 0-1 block
- ICU, 1-2 blocks
- Cardiology, 1 block

\*\*We offer a full range of elective options including: Dermatology, Emergency Medicine, ED-Ultrasound, Endocrinology, Gastroenterology, Geriatrics, Hematology/Oncology, Hospice & Palliative Medicine, Hospitalist, Infections Disease, Neurology, Nephrology, Pulmonology, Pain Medicine, Radiology, and Rheumatology

# About Orange Park Medical Center

At Orange Medical Center, we are committed to quality care and a heightened focus on extraordinary service. Founded in 1974, Orange Park Medical Center has grown from a small community hospital to a top healthcare provider in northeast Florida.

We are a full-service, acute-hospital with 365 inpatient beds located in the heart of Orange Park, providing medical care to Clay County and surrounding communities. The hospital has 218 private rooms. There are nine labor, delivery and recovery room suites for new mothers and a seven-bed, Level-2 neonatal intensive care unit (NICU) for premature babies and those born with special needs. There is also a 24-bed psychiatric unit, 20-bed inpatient rehabilitation unit and 20 intensive care unit (ICU) beds.

Orange Park Medical Center has the only Trauma Center in Clay County and is currently holding Level II Trauma Status. We also have three Emergency Medicine facilities.

Orange Park Medical Center follows evidence-based care processes and has worked hard to earn quality of care distinctions with many rankings superior to other hospitals in Northeast Florida and the southeast U.S. We have been a five year recipient of the Joint Commission Top Performer on quality measures. We have also placed in the top 4% of all hospitals nation-wide for exemplary Performance. As a leader in quality care we strive to provide better outcomes for our patients and provide programs, services and offerings.











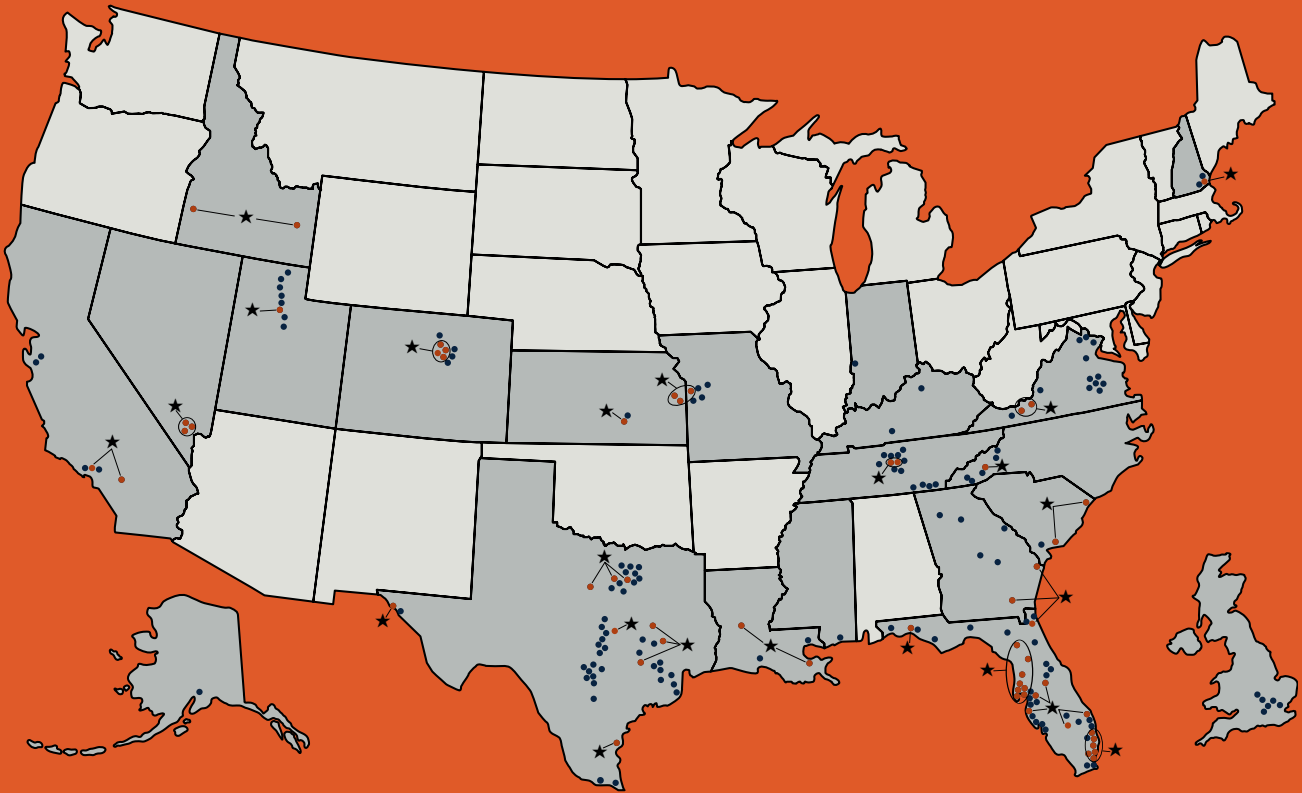
# About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

**To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).**



Our residency and fellowship programs are in **59**  
hospitals located in **16** states



- ⊛ Residency or Fellowship Program
- HCA Healthcare Hospital





## Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

**4,637**  
residents

**289**  
fellows

**218**  
specialty programs (residencies)

**79**  
sub-specialty programs  
(fellowships)



## Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

**2,500+** HCA Healthcare GME scholarly activities in 2020-21.



## Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

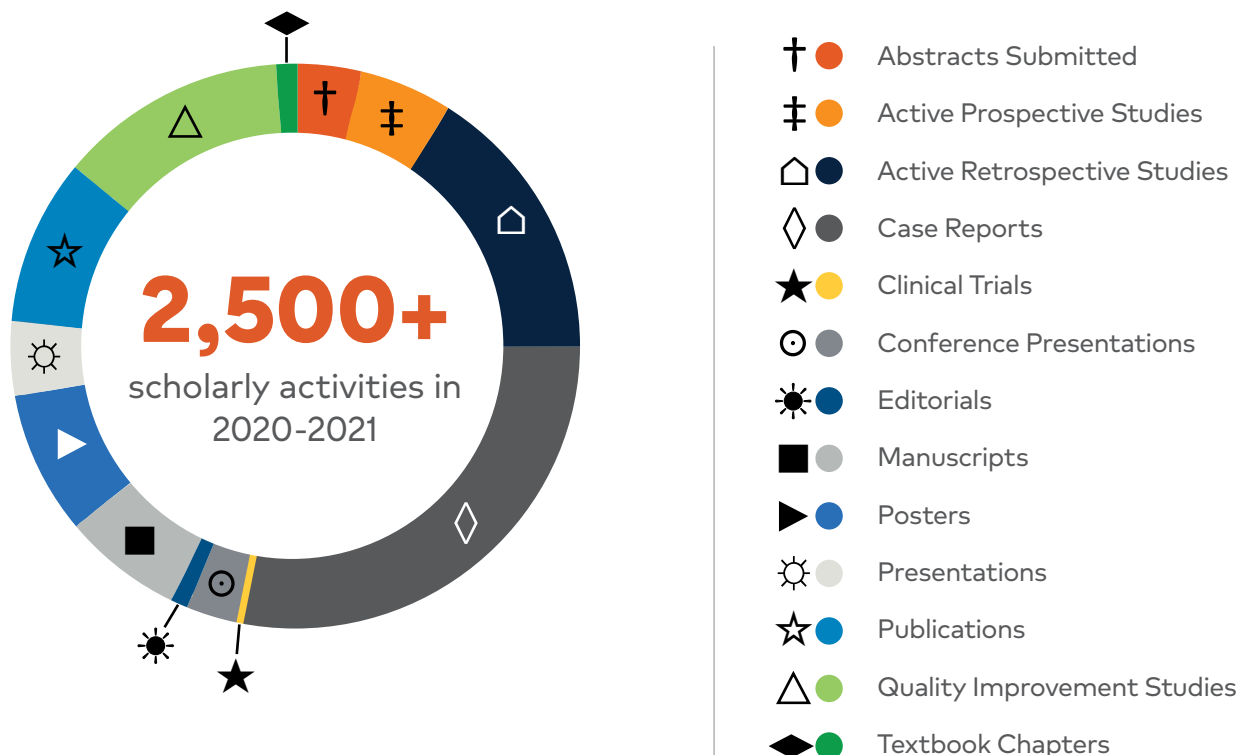
**32+ million** patient encounters  
**7.4 million** emergency room visits  
**215,000+** babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

# A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

#### **Notable Publications**

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

#### **Notable Presentations**

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

## **Influential Collaboration**

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

**HCA Healthcare Scholarly Commons** is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.



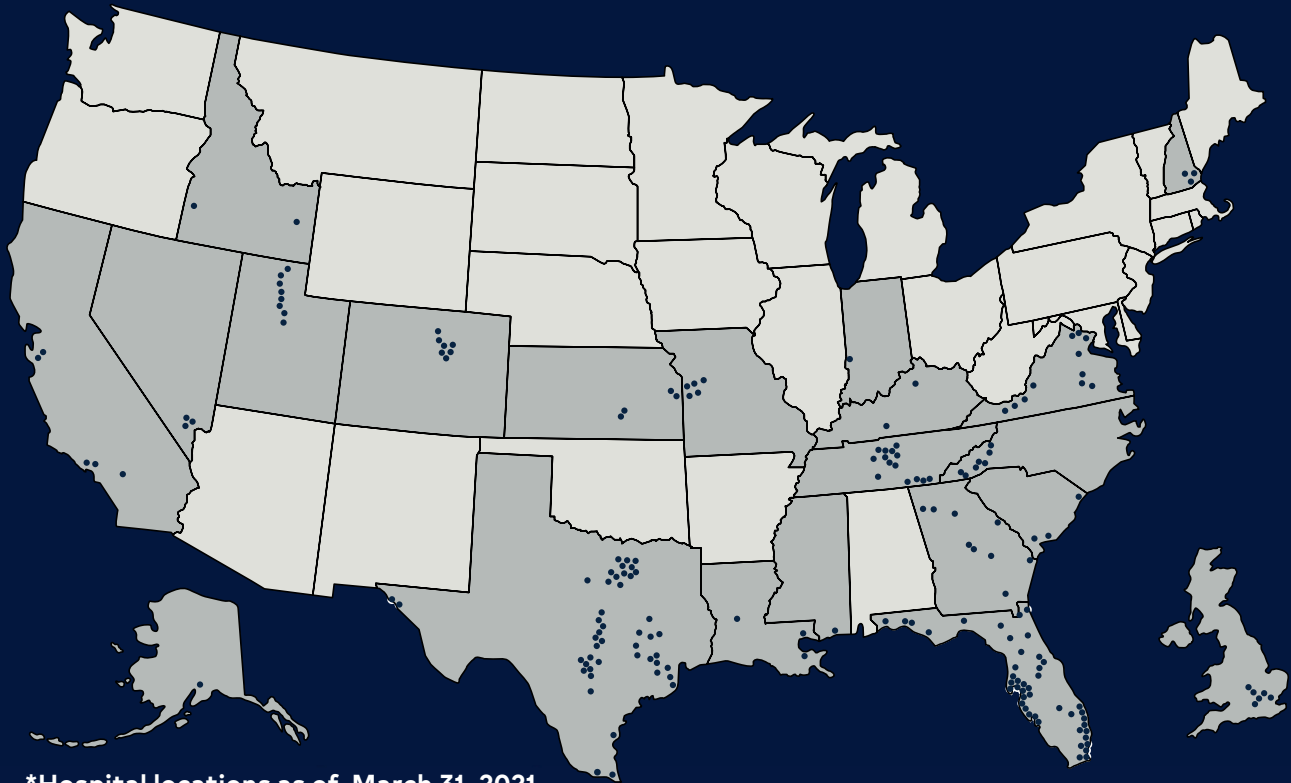
# About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.





**186** hospitals and more than **2,000** sites of care  
located in **20** states and the United Kingdom



\*Hospital locations as of March 31, 2021

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## Size

**275,000**  
colleagues

**93,000+**  
registered nurses

**47,000<sup>^</sup>**  
active and affiliated physicians



## Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

**32+ million**  
patient encounters

**7.4 million**  
emergency room visits

**215,000**  
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



## Giving Back

**\$3.4+ billion**  
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

**\$45 million**  
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.\*

\*Starting in 2021



## Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

<sup>^</sup>Approximate

